

#### **Confirmatory Phase III Population Pharmacokinetic Analysis**

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# **Outline**

#### Why use confirmatory POP PK?

 More appropriate than exploratory, at least for a primary objective in Phase III

#### Implement confirmatory POP PK in phase III

- Methodology: Hu & Zhou, JCP 2008
- (Minor modification, new example)
- Necessary, potentially even in earlier phases



#### **Choosing POP PK Model Components**



# Exploratory analysis: searching for best fits (FDA, EMEA guidance)



#### Some Quotes on Exploratory Analysis

"Torture the data long enough and they will confess to anything."

• (Is water boarding torture?)

"Treasure your result of exploratory data analysis, for you will not see it again."

"The journey of a thousand miles begins with a single step but you will not get far with stepwise regression."

"Stepwise regression: regression certainly, and many steps but wise?"



# **Contrast: Standard (Confirmatory) Statistical Analysis Plan**

Use only 1 pre-specified model

• Even though best model is unknown, e.g., whether to adjust for sex, weight, etc.

Alternative "what if" scenarios addressed by sensitivity analyses

Few cases, results treated accordingly (perhaps with lighter weights)



#### **Exploratory vs. Confirmatory**

	Is model "likely?"	Unbiased parameter estimates?
	Generate new hypothesis?	Interpretable p- value?
Exploratory	Yes	No (selection bias)
Confirmatory	No	Yes



#### **POP PK at phase III: What is Important?**



#### Confirmatory approach is more suitable!



# **Confirmatory Approach: Primary analysis**

Base model (structural + random effects)

- Use phase I/II model to simulate under phase III design, to find the best identifiable model
  - 1 simulation usually enough

#### **Covariate model**

- Use full model (with all covariates) on CL
  - Unless mechanistic knowledge indicate otherwise



# **Confirmatory Sensitivity analyses**

#### (1) Allometric

• CL ~ weight<sup>0.75</sup>, V ~ weight

#### (2) Linear mixed effect model

- $Log(conc)_{ij} = Dose TI Cov1 Cov2 ... CovN + \eta_i + \varepsilon_{ij}$
- TI: time indicator (adjusting for time, 0 4 categories)
- Analyzing covariate effects on average observed exposure

Exploratory analysis could be a sensitivity analysis

# Guard against alternative scenarios, e.g., influence of inaccuracies in time recording



# Deciding on Covariate-based Dosing Adjustment

In principle, no different than exploratory approach	
Assess covariate effect using model estimate and Cls	<ul> <li>Continuous covariate effect evaluated as ratio between the predicted CL at 25% and 75% percentiles</li> </ul>
Deciding a threshold beyond which dosing adjustment would be needed	<ul> <li>Knowledge on therapeutic window needed – however this is usually not explicit</li> </ul>
The BE 80-125% criterion can be considered as a lower bound	<ul> <li>Used here for illustration purpose only</li> </ul>



#### **Preplanning: Confirmatory Approach**

Base model: simple may be fine

- Only a "feel good" factor when fitting is good (?)
- Likely not crucial for covariate effect assessment

Covariate list may need trimming to ensure enough power Trimming criteria are situation specific, but for a nominal proposal:

- At least 20 subjects per covariate category
- Remove covariates having correlations > 0.5 - 0.75, based on pharmacological rationale



#### **Preplanning: Exploratory Approach**

Should be done, however easy (incentive!) to ignore, as most evaluations focus only on "final" model

"Validated" models may not be good enough

- No practical way to account for model exploration, therefore interpretation dubious
- Use of mixed effect models vary, "overall" criteria may not be useful for the specific use

Helpful to have a confirmatory mindset – refrain from exploration with no power



#### **Application Example – A Phase III study**





## **Base model (pre-specification)**

#### Previous POPPK model developed from phase I/II data

- 2-compartment model with 1<sup>st</sup> order absorption
- Full var-cov matrix for between-subject variability on all 5 structural model parameters
- Additive + proportional within-subject variability

1 simulated dataset using previous POPPK model with current study design considered for base model

Simple exploration shows only 1-compartment model with 1<sup>st</sup> order absorption could be identified

- var-cov matrix for between-subject variability on (CL, V)
- Weight effect on (CL, V)





Allometric model estimate and 90% CI





# **Confirmatory Analysis Conclusions**

#### Primary analysis

• Weight may be considered relevant (25% effect on CL)

#### Sensitivity analysis

- Might suggest sex, concurrent disease 1, 3, and baseline disease score 3
- However Borderline average effects, wide CI

#### Conclusion:

• Weight may be considered relevant (25% effect on CL)



Exploratory model estimate and 90% CI



## **Application Example Result Summary**

Main results quite similar between confirmatory and exploratory analysis

More generally, likely sufficient power with common phase III analyses

Exploratory had explicitly >50 NONMEM runs documented

• Many undocumented ones, required much deliberation time over which models to adopt at different stages

Confirmatory used <10 NONMEM runs



## **How Convincing Is 1 Example?**

#### Simulation study may be natural to ask, however

- Existing simulations already showed potential biases of exploratory approach
- Confirmatory analyses are unbiased, as long as assumptions are met
- Practical situations vary, many mechanism not easy to postulate
  - e.g., how dosing/sampling error occur

# Example result consistent with expectations and serves as illustrations

- Confirmatory approach applied to several phase III examples (6 and ongoing), # subjects ranging from 500 to 3,000
- Consistent results observed, more so with larger sample cases



# **Summary on Confirmatory Analysis**

#### Many benefits

- Forces careful analysis planning
- Many fewer model runs
- Conceptually more accurate and interpretable results
- Fits phase III main objective

#### Should be conducted routinely, at least in phase III

• Keep selection bias in check, even if exploration wanted

